



From Saint-Felix to the Loubière

Des falaises de Roquefort au Rougier - Saint-Félix-de-Sorgues







De St Félix à la Loubière (Roquefort Tourisme)

Calades (roads paved with cobblestone) and passes, beech forests and box trees, farmhouses and hamlets come one after another along the way towards the Loubière plateau which provides magnificent views over Saint-Félix and the forested landscape.

Starting from Saint-Félix-de-Sorgues, an ascending slope across trails and farms leads you to the foothills of the Loubière plateau, with some splendid vistas over the surrounding forests to enjoy. Once you've reached the culminating point, begin the long downhill walking throughout box trees and beech trees. A refreshing and beautiful stroll!

Useful information

Practice: Trekking

Duration: 3 h 30

Length: 9.1 km

Trek ascent: 415 m

Difficulty: Medium

Type: Loop

Themes: Flora, History and

heritage

Trek

Departure: Car park of the Saint-Felix-

de-Sorgues school

Arrival: Car park of the Saint-Felix-de-

Sorgues school

Markings : — PR

Cities: 1. Saint-Félix-de-Sorgues

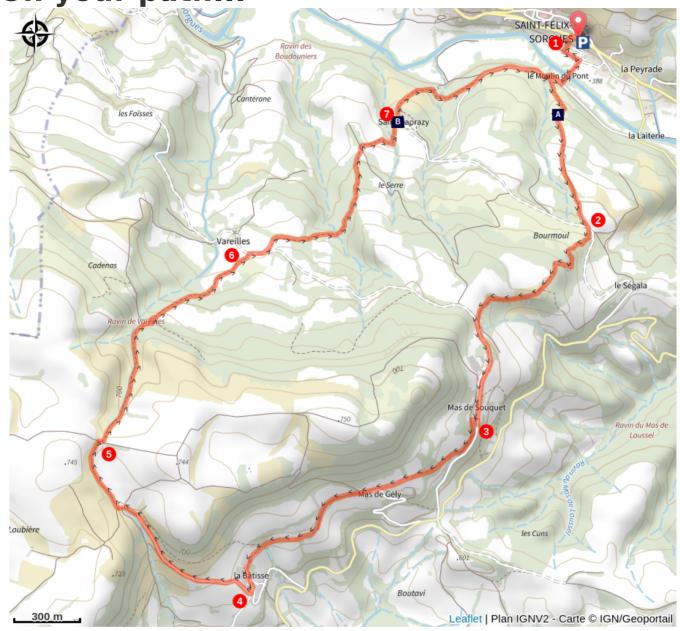
Altimetric profile



Min elevation 390 m Max elevation 726 m

- 1. From the car park, head for Saint-Affrique, following the "calade" (a road paved with cobblestones) which runs down to the left towards the river Sorgues. Keep walking to the left until you reach the Pont Vieux and cross it. After the bridge, turn right and carry on until you reach the watermill, then take the path rising up on the left hand side. You will reach a flat area where you can enjoy a very nice view over the village. You then come to a wide trail.
- 2. Cross this trail and walk along to a small rest area. Carry on the path which snakes in and out the box trees and eventually reaches another trail. Follow this trail to the left, where you will walk past a house and reach the Mas du Souquet 200 m further on.
- 3. You will see a stone cross on your right. Carry straight on for about 100 m, walk past the houses and take the right hand path that leads to the Mas de Gély, then on to la Bâtisse.
- 4. Walk past the farm and follow a hair pin bend where you take a right hand ascending trail leading to a small pass (Sot de la Loubière 723 m).
- 5. When you reach the crossing of the trails, take the right hand fork and immediately after a left, which is a descending path through a splendid "bouissière" (a narrow passage defined by two rows of box trees) and a copse of beech trees. Walk past a spring that runs into a channel shortly before coming to the trail which leads to Vareilles.
- 6. Follow this trail to the right for 50 m, before getting back on the path through a grassy area on your left. Return through the "bouissière" up to Saint-Caprazy which is an old stone built hamlet undergoing restoration works (wood turning workshop).
- 7. After leaving the hamlet to the right, the path runs down to join a small tarred road which brings you back to the Pont Vieux. From the Pont Vieux retrace your way back to the car park.

On your path...



A nice view over the village of St-Félix -de-Sorgues (A)

Saint-Caprasy Estate (B)

All useful information



A Advices

Box tree moths are active from May to October. During the caterpillar phase, they feed on the leaves of box trees. They crawl down trees and move on long silken threads, although these threads are annoying when hiking they do not pose any health risk



Prévoir une réserve d'eau et une tenue adaptée

How to come?

Transports

Travel by bus or train: https://lio.laregion.fr/

Carpooling: <u>BlaBlaCar</u>, <u>Rézo Pouce</u>, <u>Mobicoop</u>, <u>Idvroom</u>, <u>LaRoueVerte</u>, <u>Roulez</u>

malin

Access

From St-Affrique, head towards the Sorgues valley via the D7 up to St-Félix-de-Sorgues (15 km).

Advised parking

Car park of the Saint-Felix-de-Sorgues school

Information desks

Saint-Affrique Tourist Office Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr

Tel: 0565585600

http://www.roquefort-tourisme.fr/



On your path...



A nice view over the village of St-Félix -de-Sorgues (A)

This village, built halfway up the hillside, still has the remains of its former battlements: gate, tower with gothic openings, and old dwellings.

Attribution: Roquefort Tourisme



Saint-Caprasy Estate (B)

Saint-Caprazy is mentioned as a parish and community in a document dating back to 1026 AD and is an important historic landmark in Saint-Félix. Around 1150, Gaubert de Saint-Caprazy became the first commander of Saint-Félix of the Order of the Knights of Saint John of Saint-Félix, who retained ownership of the property and suzerainty for over 6 centuries.

The domain includes 7 buildings: dwelling house, barn, sheepfold, chapel, and so on...

Attribution: Roquefort tourisme