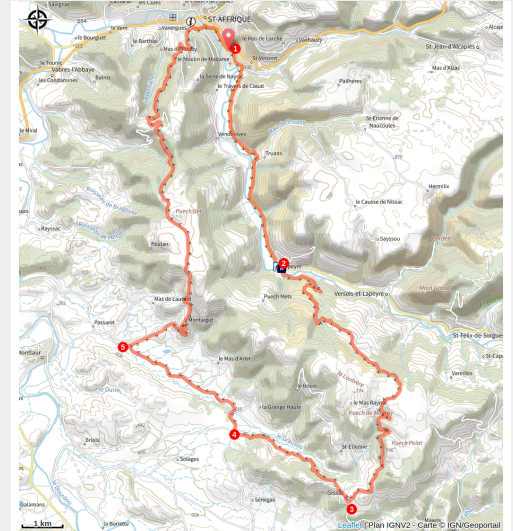


A tour around the Loubière

Des falaises de Roquefort au Rougier - Saint-Affrique



Château de Montaigut (©Eric Teissèdre)



Although this biking loop runs over a short distance, it requires an effort as intense as is the beauty of the landscapes you will go through! Explore the Sorgues valley and the Rougier de Camarès while cycling around the majestic Loubière plateau.

This ride offers you an extraordinary change of scenery: the Sorgues open valley on one side, the burgundy soils of the Rougier on the other, separated by the impressive wall of the Loubière. Be prepared to have your eyes filled with spectacular views, but save enough stamina for the steep final slope to Montaigut castle that awaits you at the end of the ascent.

Useful information

Practice : Cycling

Duration : 2 h 30

Length : 40.4 km

Trek ascent : 972 m

Difficulty : Medium

Type : Loop

Themes : Agropastoralism,
History and heritage, Panorama

Accessibility : VTTAE

Trek

Departure : Saint-Affrique Tourist Office

Arrival : Saint-Affrique Tourist Office

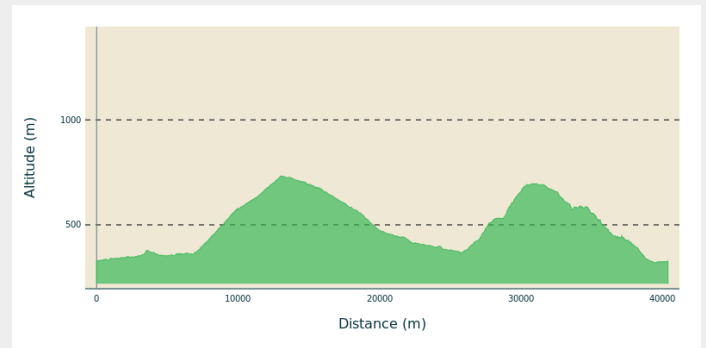
Cities : 1. Saint-Affrique

2. Versols-et-Lapeyre

3. Gissac

4. Vabres-l'Abbaye

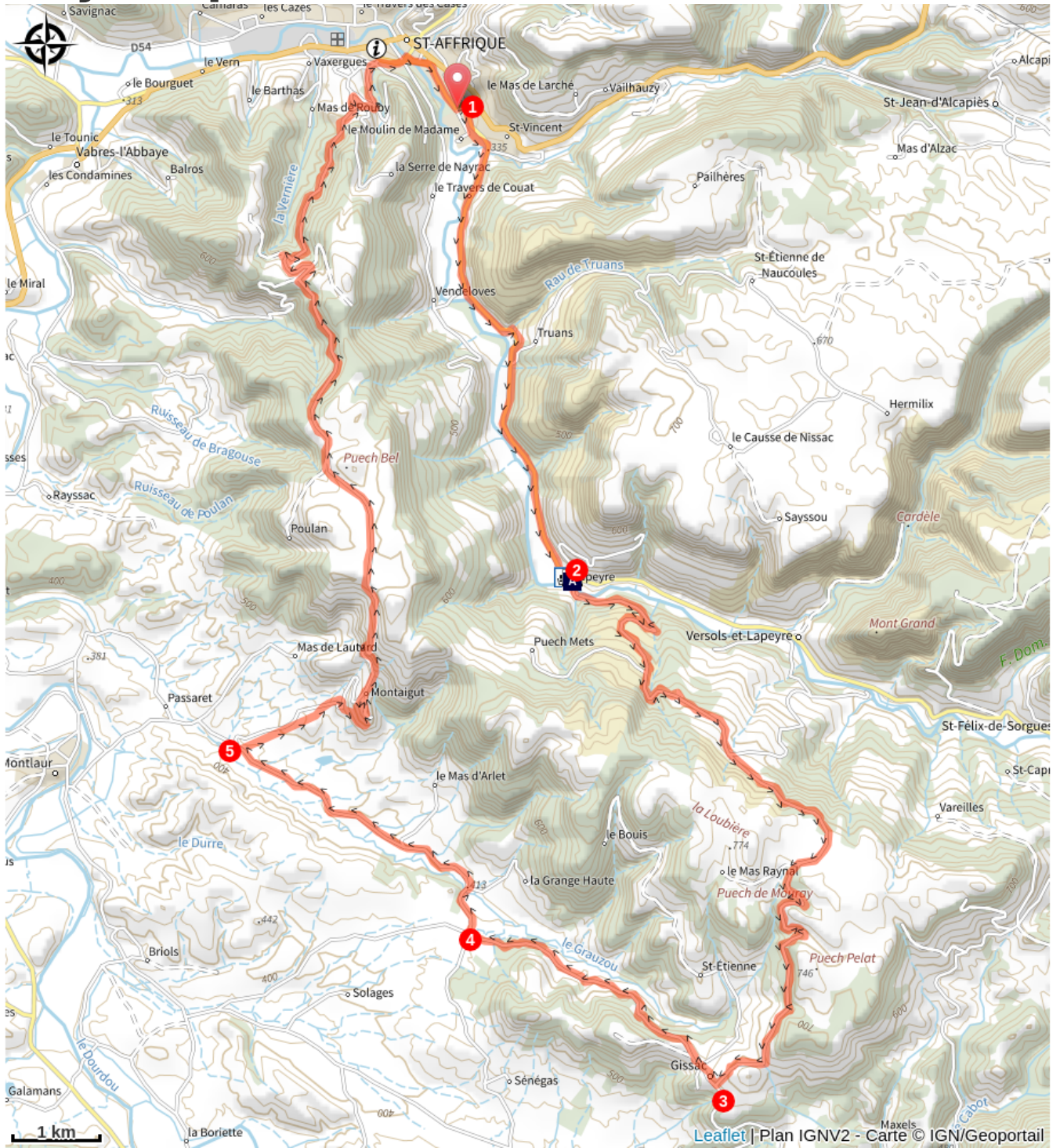
Altimetric profile



Min elevation 320 m Max elevation 732 m

1. From the Saint-Affrique Tourist Office, Boulevard Aristide Briand, take the D225 road towards Millau.
2. Turn right onto the RD7 road in the Vallée de la Sorgues and ride along the river up to Lapeyre.
3. Turn right towards Gissac before 5 km of steady ascent (6%).
4. Once you get to Gissac, take a right towards Montlaur. Then, go across the village and carry on your ride downhill on the main road.
5. At the crossroads, take the RD101 in the direction of Montlaur.
6. Turn to the right towards Montaigut castle and its dreadful ascending slope (8.5%) before heading your way down back to Sant-Affrique.

On your path...



 Village of Lapeyre (A)

All useful information



Prévoir une réserve d'eau et une tenue adaptée

How to come ?

Transports

Toutes les informations sur le site de [l'office de tourisme](#)

Access

Saint-Affrique is situated 31 km southwest of Millau via the D 992 and D999 roads.

Advised parking

Bus station car park, boulevard Aristide Briand in Saint-Affrique

Accessibility



Information desks

Saint-Affrique Tourist Office
Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr

Tel : 0565585600

<http://www.roquefort-tourisme.fr/>



On your path...



Village of Lapeyre (A)

This village was controlled by the Templars Commandery during the 12th century and has kept much of its medieval architecture with its old houses clustered around the Tower. There is also the tombstone of Médora Leig, a daughter of the English poet Lord Byron which you can visit in the graveyard.

Attribution : Roquefort Tourisme