

In the land of Roquefort

Des falaises de Roquefort au Rougier - Saint-Affrique



Pays de Roquefort (Roquefort Tourisme)



An immersion in the heart of the milk catchment area dedicated to the producing of the king of cheese: a landscape with plateaus, majestic amphitheatres and residual mounds that holds some beautiful bumps and splendid sceneries.

This loop is to the « Brebis'Cyclette » bike ride what a strong Roquefort is to a milder Roquefort. The ascent to the cause of Saint-Affrique and the Aiguières pass are the two challenges of this route marked out by attractive sites: the dolmen de Tiergues, the ripening caves, the Tournemire amphitheatre, the Saint-Jean d'Alcas fort, before a gentle ending through the Sorgues valley.

Useful information

Practice : Cycling

Duration : 3 h

Length : 47.8 km

Trek ascent : 951 m

Difficulty : Medium

Type : Loop

Themes : Agropastoralism,
History and heritage, Panorama

Accessibility : VTTAE

Trek

Departure : Tourist Office in Saint-Affrique

Arrival : Tourist Office in Saint-Affrique

Cities : 1. Saint-Affrique

2. Saint-Rome-de-Tarn

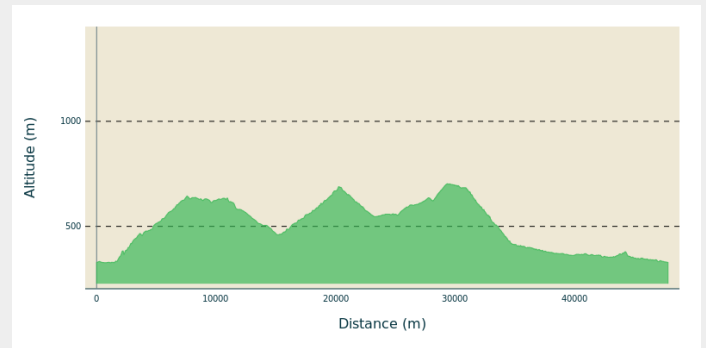
3. Roquefort-sur-Soulzon

4. Saint-Jean-et-Saint-Paul

5. Saint-Félix-de-Sorgues

6. Versols-et-Lapeyre

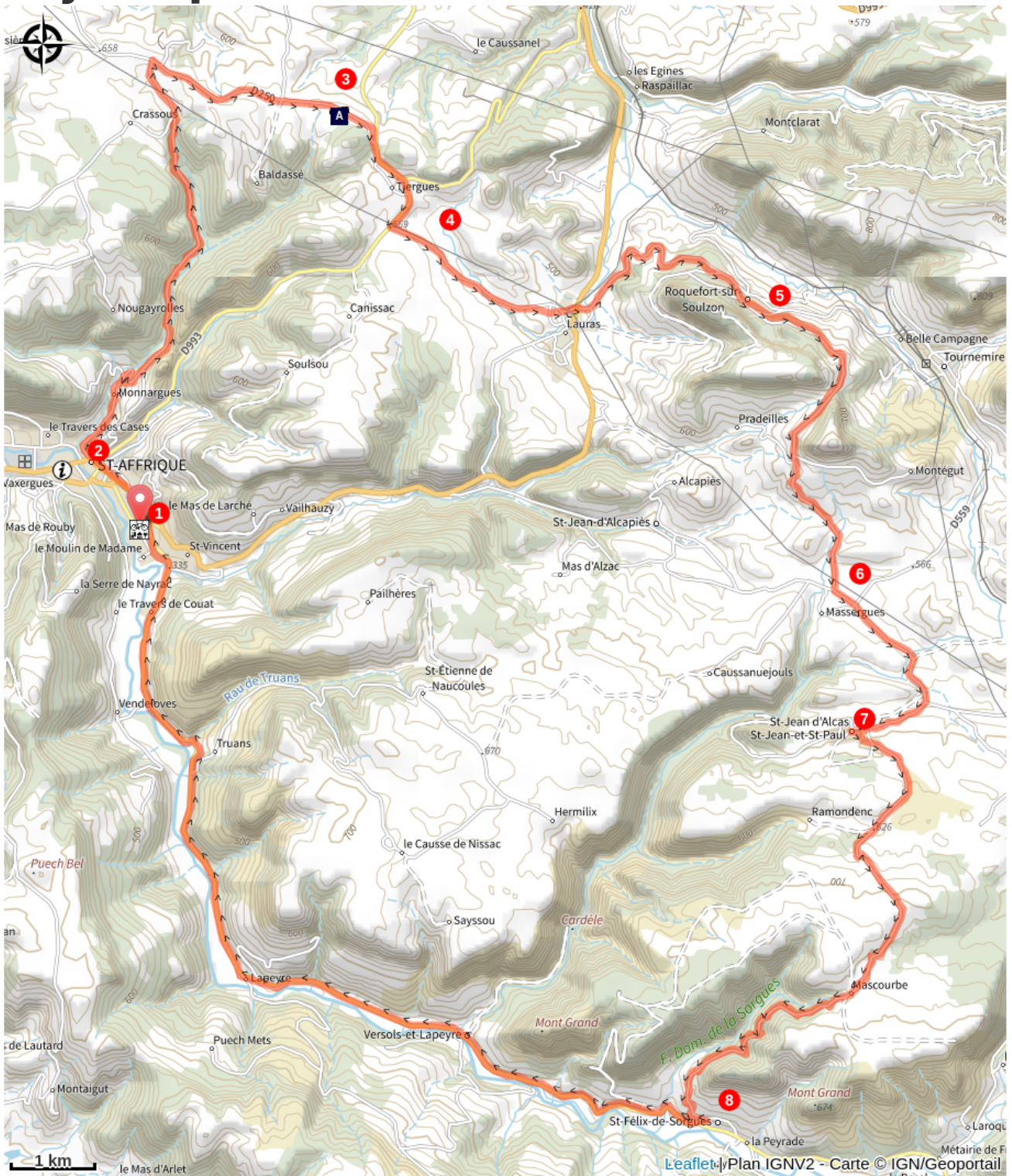
Altimetric profile



Min elevation 327 m Max elevation 703 m

1. From the Tourist Office situated Boulevard Aristide Briand in Saint-Affrique, follow the direction of Rodez.
2. At the intersection with the RD993 carry straight on, then take first road to the right towards Ayssennes / Le Truel to begin the ascent to the plateau (6 km with a 5 % gradient).
3. At the top of the slope, take the direction of Tiergues. On the right side you will notice its historical dolmen.
4. At the roundabout, turn to the left towards Roquefort. Follow the same direction at the next roundabout.
5. Cycle straight across the village to reach the top of the Aiguières pass (5 km with a 4.5 gradient).
6. At the crossroads, head towards Saint-Jean d'Alcas.
7. A going there and back is possible to visit the templar city. Then keep going towards Saint-Félix.
8. Turn to the right to reach the Sorgues valley up to Saint-Affrique.

On your path...



 Tiergues dolmen (A)

All useful information

How to come ?

Transports

Getting around by bus or by train: <https://lio.laregion.fr/>

Carpooling: [BlaBlaCar](#), [Rézo Pouce](#), [Mobicoop](#), [Idvroom](#), [LaRoueVerte](#), [Roulez malin](#)

Access

Saint-Affrique is situated 31 km southwest of Millau via the D 992 and D 999 roads

Advised parking

Bus station car park, boulevard Aristide Briand in Saint-Affrique

Accessibility



VTTAE

Information desks

Saint-Affrique Tourist Office

Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr

Tel : 0565585600

<http://www.roquefort-tourisme.fr/>



On your path...



Tiergues dolmen (A)

Listed as a historical monument, the Tiergues dolmen is part of the 20 or so dolmens which have been recorded in the area, some of them being poorly-preserved. The excavations of these megaliths were carried out by Emile Cartailhac during the 20th century and today their artefacts are scattered throughout Midi-Pyrennées (Rodez, Toulouse...)